



**Are you a  
man  
suffering from  
domestic abuse?**



**You are not alone**

**One in every six men will be a victim  
of domestic abuse in their lifetime**

**Please call the ManKind Initiative's helpline and speak to our dedicated team  
who can provide support and information**

**National Helpline for Men 01823 334244  
Weekdays 10.00am – 4pm**

**[www.mankind.org.uk](http://www.mankind.org.uk)**

**ManKind**  
Initiative 

Charity Number 1089547