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## **BECOMING A VOLUNTEER FOR THE MANKIND INITIATIVE**

Every year The ManKind Initiative is in contact with thousands of people affected by the criminal act of domestic violence or abuse. The support and information service our helpline provides depends on the contribution of our employees and trained volunteers. The majority of people who volunteer for The ManKind Initiative do so because they want to help people. Voluntary work in itself is very satisfying and generally brings fulfilment to all those involved. Volunteers can also be rewarded by seeing the difference it can make to an organisation and its service users.

### **Expectations of ManKind Initiative Volunteers**

- No previous experience of working with victims or within the domestic violence area is necessary although it is desirable for some of the volunteer opportunities.
- We look for volunteers who understand the importance of our work, are good listeners and who can get on with people of all ages, cultures and backgrounds.
- Some volunteers work several hours a week or month, while others offer occasional help assisting with projects.
- Volunteers are not paid members of the Charity but previously agreed and reasonable expenses are normally paid.

### **Benefits of Volunteering**

- As a volunteer you will receive training and support
- You will develop and will be able to demonstrate interpersonal skills as you will encounter people from many different backgrounds.
- You will have the satisfaction of learning to deal with issues you may not have experienced before.
- You will develop and be able to demonstrate good organisational skills.
- You will be able to demonstrate that you are confident using aspects of MS Office (dependent on volunteer role) as well as computer based search engines.
- You will develop an understanding and knowledge of processes related to supporting domestic abuse victims

If you would like more information on volunteering, please email our national office on the details listed above.

***All applications are considered in confidence and subject to a non-discriminatory process.*** The ManKind Initiative welcomes men and women of all ages, from all cultural backgrounds and professions.

Thank you for your interest in the ManKind Initiative.