



How you can help support male victims of domestic abuse or domestic violence

The ManKind Initiative is a charity which relies on fundraising, members and volunteers to support male victims of domestic abuse or domestic violence.

You can help us in a number of ways. (Please tick)

- Join the ManKind Initiative. (cheques payable to the ManKind Initiative. Minimum £20 per year. £10 for those not working.)
- Become a volunteer.
- Make a donation.

Name.....

Address

.....

E-mail:

Telephone:

Please post this form to ManKind Initiative, Flook House, Belvedere Road, Taunton, Somerset TA1 1BT

Website: www.mankind.org.uk
E-mail: admin@mankind.org.uk

Registered charity No. 1089547
Registered in England No. 3869893

Facts about Male Victims of Domestic Abuse

According to the British Crime Survey:
2006/07 British Crime Survey Report:
Intimate Violence

FACT: Two in every five victims of domestic abuse are men.

FACT: One in every six men will be a victim of domestic abuse in his lifetime.

FACT: Nearly as many men are victims of 'severe force' in a relationship as women.

If you are a male victim of domestic abuse or domestic violence, you are not alone.



Helpline: 01823 334 244

open 10am to 4pm and 7pm to 9pm weekdays

Website: www.mankind.org.uk



LOTTERY FUNDED



SUPPORTING MALE VICTIMS OF DOMESTIC ABUSE

Information and support for male victims of domestic abuse or domestic violence



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About Us

The ManKind Initiative is a charity providing help and support for male victims of domestic abuse or domestic violence.

Two in every five domestic abuse victims are men.

The charity undertakes a number of activities:

- Our helpline is manned by trained people who give information and support on all aspects of domestic abuse including reporting incidents, police procedures, housing, benefits and injunctions.
- We refer people to refuges, local authorities and other support services, where appropriate.
- We undertake lectures, workshops and provide information to raise awareness of the social problems caused by domestic abuse. We work in partnership with all agencies to develop solutions for all victims.



We campaign for more recognition, services and support for male victims of domestic abuse or domestic violence. We are always looking for new volunteers, members and fundraising support. Please contact us if you can help.

www.mankind.org.uk

What is domestic abuse?

Any incident of threatening behaviour, violence or abuse, (psychological, physical, sexual, financial or emotional) between adults who are, or have been, intimate partners or are family members, regardless of gender or sexuality.

Domestic violence is a form of domestic abuse.

What can I do if I am in an abusive relationship?

- Recognise that it is happening to you.
- Accept that you are not to blame.
- If possible, try to extricate yourself from the situation and leave. Your personal safety is of paramount importance.
- Do not retaliate physically or verbally as you are the person more likely to be arrested.
- Keep a diary of incidents, noting down times, dates and witnesses, if any.
- Keep a photographic record of injuries.
- Report each incident to your GP or hospital.
- Report each incident to a trained domestic violence police officer, and insist on a crime reference number. Either phone to make an appointment or attend the station in person. Take a friend with you if possible.
- Take advice regarding injunctions from a reliable solicitor.
- Seek help from a local council housing officer, especially if children are involved.
- Ensure that you have your evidence.

**Call ManKind for help and information on
01823 334 244**

Open 10am to 4pm and 7pm to 9pm weekdays

Our Objectives

Domestic abuse and domestic violence affects people from all walks of life regardless of gender, sexual orientation or race.

The ManKind Initiative is committed to:

- Ensuring that all victims of domestic abuse and domestic violence receive the help they need.
- Removing gender, sexual orientation and race as barriers to receiving help.
- Ensuring that all children witnessing or suffering from domestic abuse access the help that they need.
- Challenging gender-specific policies as they are counter-productive to solving the social problems of domestic abuse.
- Ensuring that safe houses are made available to all victims.
- Removing gender politics from the issue of domestic abuse, and ensuring that men and women work together.



ManKind 
Initiative