

## **Terry's Story**

Terry in his late thirties settled down with what he thought was the love of his life. After a number of years he noticed that her behaviour had changed, no longer allowing him to go out with his friends and he had to give up his football season ticket.

She also started to monitor his emails and whenever his parents or sisters called him at home, she would say he was out even when he was in.

Eventually she started to become violent, hitting him and throwing books and pieces of furniture at him. His workmates started to notice a change in behaviour and saw bruises on his arms. He called our helpline and eventually after taking the information we gave and speaking to his best mate he left the relationship. He contacted the charity six months later to thank us for the support we gave.